Be Smart. Plan Before You Start!!!

How Do I Apply?

You can apply online through gateway.ga.gov

If you are unable to apply online, applications may be picked up at one of these three locations:

Local Boards of Health
Local Division of Family and Children Services (DFCS) Office
Community Health Centers

Completed applications and required documentation should be faxed or mailed to:

RSM Group
426 West 12th Street
Alma, Georgia 31510
Fax: 912-632-0389

Where can I go for more information?

Visit https://dch.georgia.gov/planning-healthy-babies or call 1-877-427-3224
Planning for Healthy Babies®

What is the Planning for Healthy Babies (P4HB) Program?
P4HB provides no cost family planning services to eligible women in Georgia. You may be eligible for:

• Family Planning Only
• Inter-pregnancy Care (IPC) - family planning and additional services for women who have delivered a very low birth weight (VLBW) baby. This is a baby weighing less than 3 pounds 5 ounces. You can receive services for 24 months.
• Resource Mother Outreach – A specially trained case manager will help women, already receiving Medicaid, who have delivered a VLBW baby. You can receive services for 24 months.

What’s covered?
• Annual physical exams including pap smears;
• Contraceptives and multivitamins with folic acid;
• Family planning counseling;
• IPC services including primary care and dental services, substance abuse treatment services, a Resource Mother and more.

Who is eligible?
• Women ages 18 through 44 who meet monthly family income limits
• Women who are U.S. citizens and Georgia residents
• Women who have given birth to a baby weighing less than 3 pounds, 5 ounces (IPC/Resource Mother component).