

# Be Smart. Plan Before You Start!!!



## How Do I Apply?

You can apply online through [gateway.ga.gov](http://gateway.ga.gov)

If you are unable to apply online, applications may be picked up at one of these three locations:

Local Boards of Health  
Local Division of Family and Children Services (DFCS) Office  
Community Health Centers

Completed applications and required documentation should be faxed or mailed to:

RSM Group  
426 West 12th Street  
Alma, Georgia 31510  
Fax: 912-632-0389

## Where can I go for more information?

Visit <https://dch.georgia.gov/planning-healthy-babies> or  
call 1-877-427-3224



**GEORGIA DEPARTMENT  
OF COMMUNITY HEALTH**



Planning for  
**Healthy Babies®**

# Planning for Healthy Babies®

## What is the Planning for Healthy Babies (P4HB) Program?

P4HB provides no cost family planning services to eligible women in Georgia. You may be eligible for:

- Family Planning Only
- Inter-pregnancy Care (IPC) - family planning and additional services for women who have delivered a very low birth weight (VLBW) baby. This is a baby weighing less than 3 pounds 5 ounces. You can receive services for 24 months.
- Resource Mother Outreach – A specially trained case manager will help women, already receiving Medicaid, who have delivered a VLBW baby. You can receive services for 24 months.

## What's covered?

- Annual physical exams including pap smears;
- Contraceptives and multivitamins with folic acid;
- Family planning counseling;
- IPC services including primary care and dental services, substance abuse treatment services, a Resource Mother and more.

## Who is eligible?

- Women ages 18 through 44 who meet monthly family income limits
- Women who are U.S. citizens and Georgia residents
- Women who have given birth to a baby weighing less than 3 pounds, 5 ounces (IPC/Resource Mother component).

